

Cross Country Practice Schedule (ALL Years)

August & September

Mon. 8/27 – 9 AM – 12 PM (Registration and Practice)

Tues. 8/28 – 9 AM – 12 PM

Wed. 8/29 – 9 AM – 12 PM

Thurs. 8/30 – 9 AM – 12 PM

Fri. 8/31 – Time Trial @ Van Cortlandt Park 9 AM – 12 PM

Sat. 9/1 – OFF

Sun. 9/2 – OFF

Mon. 9/3 – OFF

Tues 9/4 – 2:45 – 5 PM

Wed 9/5- 2:45 – 5 PM